#### **Lecture/Video**

All Players and Goalies are video taped during the week on Individual skills as well as game situations. Classroom time is used to watch and correct the players on their technique. All players are given a written evaluation of their video sessions as part of their report card.

## **A Day At Camp**

#### **2 ON-ICE SESSIONS PER DAY**

<u>Session 1</u>: Focus on Individual Player Skills (skating, passing, shooting, stickhandling).

<u>Session 2</u>: Focus on Team Skills and game situations, including controlled scrimmage each day. (1-1's, 2-1's, battle drills, etc.)

#### DRYLAND/OFF-ICE TRAINING

Includes: Circuit training with Powerchutes, hand/eye coordination stations, slide boards, foot speed drills, team handball and core strength stations.

#### **CLASSROOM & VIDEO**

Includes talks on equipment, goal setting, nutrition, and game prep. All students are videotaped on both individual skills and game situations. Instructors use this class time to show and make corrections of that video.



#### **On-Ice Sessions**

Our Competitive stickhandling drills and "protect the puck" situations allows for faster puck handling decisions at game speeds. Players Edge "Shoot to Score" technique breaks down each shot into easy to learn and improve steps. Our shooters work on power, accuracy and quick release!





## **Powerskating**

With True Powerskating, high speed edge work, belts and ropes, you'll improve technique as well as stride length, leg power and quickness. Each On-Ice session includes Powerskating technique and game speed drills for improvement.





# **Dryland Training**

Players Edge Off-ice training is geared to improve On-ice skills. Our Slide Boards, Powerchutes, reaction balls, circuit training, "juke" ropes, hurdles and games such as Team Handball will help improve On-ice movement and communication. We add quickness, foot speed and agility to our dryland sessions.

# GRAFIES THE STATE OF THE STATE



#### 32ND SUMMER!



PEHOCKEY.COM

## **At Players Edge**

Your child, regardless of skill level, will leave our week of camp stronger in their skating, stick-handling, passing, shooting and overall knowledge of the game. As we enter our **31st Summer**, we still have the same goal...to bring one of the best hockey experiences to your child, in your arena, at an affordable price.

Players Edge limits the number of camps we conduct each summer to be sure you get our top staff of professional instructors. <u>Head Instructor Mark Catron will be on ice every session of every camp!</u>

When you attend Players Edge, you get all the "specialized" camps in one week. We provide true power skating technique, stickhandling moves and situations that are at game speed, and all the shooting situations a game offers. Our players and goalies are videotaped each day in individual skills and game situations.

Each Player/Goalie receives a Report Card prepared by their instructors. At Players Edge, you WILL"**GET THE EDGE**"!

## **Group Discounts**

10 players from the same group = 15% off each

Applications must be sent together (or emailed) with a list of group names, and all group members must have deposit within that week. If group falls below 10 prior to camp, remaining group member(s) will be charged regular camp price.

#### **Cancellations**

Due to the limited space available in each camp, an open refund policy cannot be offered. If you need to cancel your camp, it must be done 30-days prior to the first day of your camp. A refund, less your \$100 non-refundable deposit will be issued. All cancellations within 30 days of camp are only eligible for a credit. Thank you for understanding.

## **Choose Your Camp**

#### **5 DAY CAMPS:**

Olive Branch, MS Mid South Ice House June 7-11, 2021 (All Levels)	☐ Players☐ Goalies	\$425 \$100
Jacksonville, FL Jacksonville Ice & Sportsplex June 14-18, 2021 (All Levels)	☐ Players☐ Goalies	\$450 \$100
Carmel, IN Ice Skadium June 21-25, 2021 (All Levels)	☐ Players ☐ Goalies	\$425 \$100
Aston, PA Ice Works June 28-July 2, 2021 (All Levels)	☐ Players ☐ Goalies	\$425 \$100
Frederick, MD Skate Frederick July 5-9, 2021 (All Levels)	☐ Players☐ Goalies	\$425 \$100
Bloomington, IL Pepsi Ice Center July 12-16, 2021 (All Levels)	☐ Players☐ Goalies	\$425 \$100
Nashville, TN Centennial Sportsplex July 19-23, 2021 (All Levels)	☐ Players☐ Goalies	\$425 \$275
Kankakee, IL Ice House July 26-30, 2021 (All Levels)	☐ Players ☐ Goalies	\$425 \$100

- 3 Hours On-Ice per day
- Powerskating technique in each session
- On and Off-Ice Testing with Report Cards
- Dryland Training that's Skill Oriented
- Drills Specific to Offense and Defense
- · Video taping of individual and game skills
- Jersey with name and number!
- Camp t-shirt and gift

## **Application**

Player:	DOB:				
Parents:					
Address:					
	State: Zip:				
Phone:					
Email:					
T-Shirt Size: YM YL YX Jersey Size*:	L MS	MM	ML	MXL	Goalie
Player Height:		Weight:			
*If jersey size is incorrect there is	s a \$30 ch	arge to	replac	e it with	a new on
Payment Method:					
☐ Check (Payable to: Players	s Edge)				
☐ Visa / MasterCard / Discov	er (pleas	se inclu	de all	16 digit	s)
☐ Zelle (playersedge@outloo ☐ Players ☐ Goalies	,				rs-edge)
□ 10% off from attending 202					
Amount to charge today:					
Exp. Date:/					
PLAYERS EDGE					

#### 44 Pegasus Place playersedge@outlook.com Bear, DE 19701 Office: (302) 376-1809

Each application must include at least a \$100 non-refundable deposit. Balance will be due the first day of camp. There is a 10% discount for each additional family member. All applications will be confirmed by email within 24 hours. Each camp is limited in numbers. Space can only be held with a deposit. Applications without a deposit will be accepted, but your place is not secured until a deposit is received.

Players Edge will split groups according to age and ability levels. If a player needs to be moved up or down, our staff will determine that after the first day of camp.